

MAYWOOD  STUDIO

# A FRUITFUL LIFE QUILT



A Fruitful Life Collection by Maywood Studio

62" x 68" finished quilt — designed by Debbie Beaves

Intermediate ●●○



## A Fruitful Life Quilt – designed by Debbie Beaves

Please read all instructions before you begin.

All seam allowance is 1/4" unless otherwise stated.

Press in the direction of arrows.

### Unit One Strips

1. Sew two 3½" x 20" Fabric 3 strips, one 3½" x 20" Fabric 2 strip and one 3½" x 20" Fabric 4 strip together (Fig. 1) Press before cutting apart then cut into four 3½" x 12½" strips.

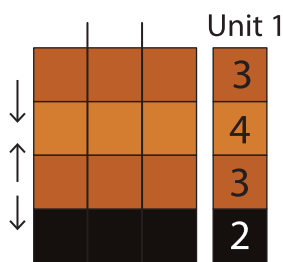


Fig. 1 cut 4

### Unit Two Strips

2. Sew (1) 3½" x 20" Fabric 2 strip, (1) 3½" x 20" Fabric 3 strip and (1) 3½" x 20" Fabric 4 strip together (Fig. 2). Press. Cut into four 3½" x 9½" strips.

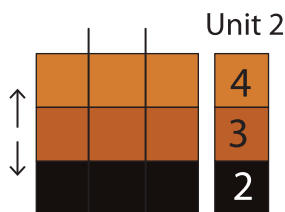


Fig. 2 cut 4

### Unit Three Strips

3. Sew (1) 3½" x 20" Fabric 2 strip and (1) 3½" x 20" Fabric 3 strip together (Fig. 3). Press. Cut into (4) 3½" x 6½" strips.

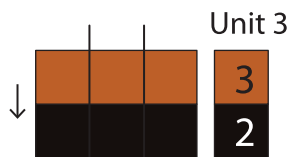


Fig. 3 cut 4

4. Sew one of each strip set and (1) 3½" Fabric 2 square together to make one corner section. (Fig. 4-5). Repeat to make four corner sections.

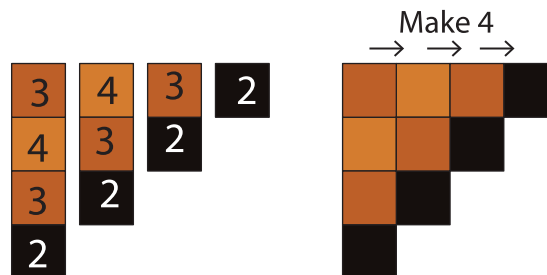


Fig. 4

Fig. 5

5. Position one corner section onto one side of the 17½" Fabric 1 square. Sew across the diagonal of the corner section and press. Trim the excess fabric. Repeat for the remaining corners to create the Center Block (Fig. 6).

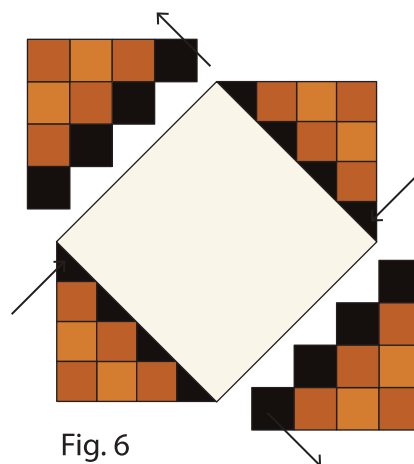


Fig. 6

### Make 4 Flying Geese Units

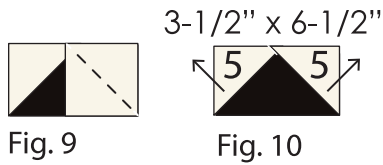
6. Mark a diagonal line from corner to corner on a 3½" Fabric 5 square. Place over a 3½" x 6½" Fabric 2 strip, right sides together (RST). Sew across the diagonal of the square (Fig. 7). Trim 1/4" away from the stitch line. Flip open the corner and press (Fig. 8)



Fig. 7

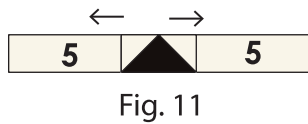
Fig. 8

7. Sew a 3½" Fabric 5 square on the opposite side of the step 6 unit. Trim ¼" away from the stitch line. (Fig. 9). Flip open the triangle formed and press (Fig. 10). Make 4.



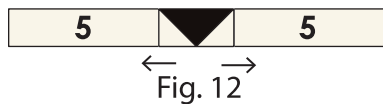
### Inner Side Borders

8. Sew one 3½" x 9½" Fabric 5 strip to each end of one Flying Goose unit to make one side border (Fig. 11). Make 2.

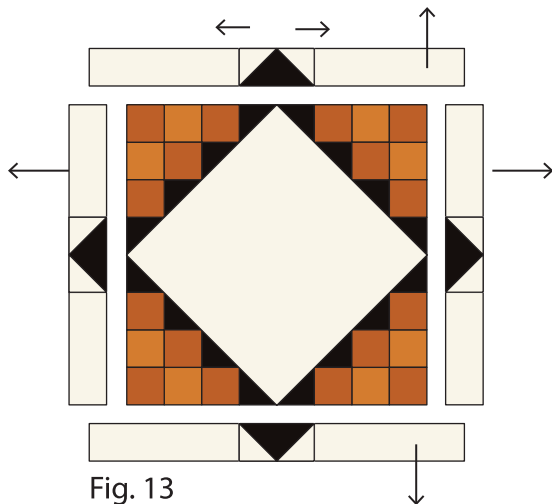


### Inner Top and Bottom Borders

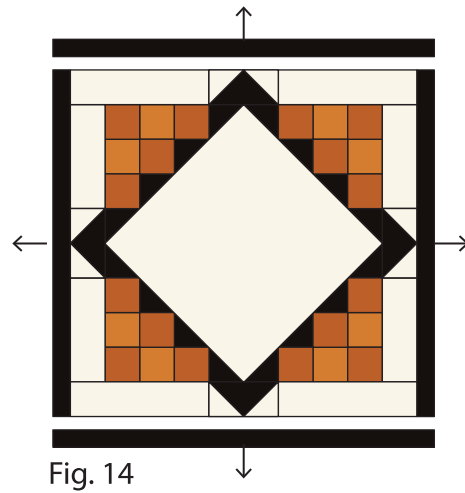
9. Sew one 3½" x 12½" Fabric 5 strip to each end of one flying goose unit to make the top border (Fig. 12). Make 2.



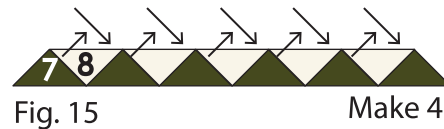
10. Sew the sides, top and bottom borders to the Center Block (Fig. 13).



11. Sew one 2" x 30½" Fabric 6 strip to each side of the Center Block. Sew one 2" x 33½" Fabric 6 strip to the top and bottom of the Center Block (Fig. 14).

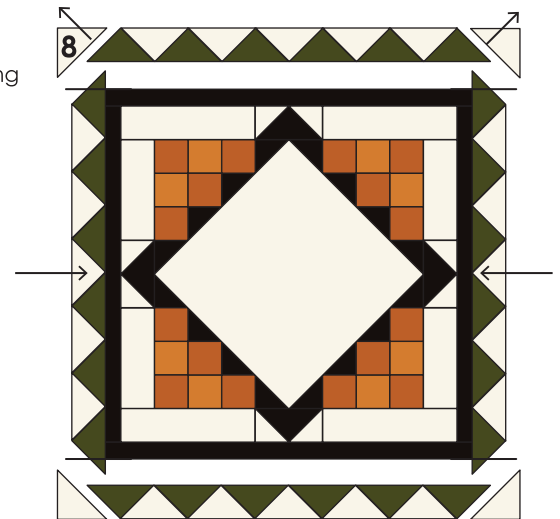


12. Sew six Fabric 7 triangles and five Fabric 8 triangles together to make one triangle border (Fig. 15). Repeat to make four triangle borders total.



Refer to Fig. 16 while attaching the Triangle borders:

The excess will be trimmed after sewing on top and bottom border strips.



13. Center one triangle border to each side of the Center Block. (Trim the excess after the top and bottom borders have been sewn on.)

14. Center and sew one triangle border to the top and bottom of the Center Block. Trim the excess fabric at the corners where the triangles overlap from behind leaving a ¼" seam allowance

15. Sew one Fabric 8 triangle to each corner of the Center Block.

16. Sew one 2" x 39½" Fabric 8 strip to each side of the quilt top. Sew one 2" x 42½" strip to the top and bottom of the quilt top.

17. Repeat Steps 6-7 and follow **Figs 17-20**, using (4) 4½" x 6½" Fabric 8 strips and (8) 4½" Fabric 9 squares to make (4) Flying Geese units.



Fig. 17



Fig. 18



Fig. 19

4-1/2" x 6-1/2"



Fig. 20

### Make the Inner Borders

18. Sew (1) 4½" x 18 ½" Fabric 9-J strip to each end of one Flying Goose unit to make one side border. Repeat to make a second side border.

19. Sew one 4½" x 22½" Fabric 9 strip to each end of one Flying Goose unit to make the top border. Repeat to make the bottom border.

20. Sew the sides, top and bottom inner borders to the quilt top (**Fig. 21**).

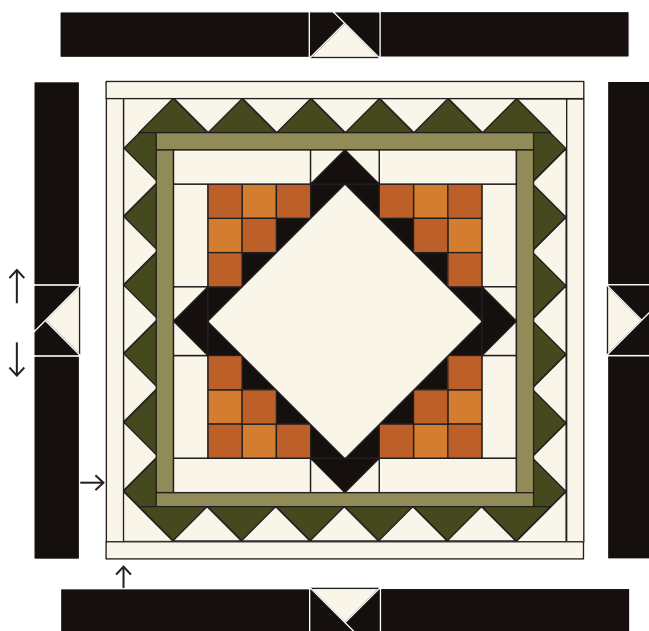


Fig. 21

**Follow the Quilt Assembly Diagram on page 5 for steps 21-22.**

### Inner Borders

21. Sew (3) 3-1/2" x WOF (Fabric 6) strips together. Measure the width of the quilt top through the middle. Subcut into (2) 50-1/2" strips - adjusting if your measurement is different. Attach the Fabric 6 strips to the top and bottom of the quilt top.

### Mitered Outside Borders.

22. Mark the centers of the side of the quilt top and the center of a Fabric 10 strip. Center a border strip over the quilt top, RST, matching the marked centers and pin. Sew the border strip to the quilt top starting and stopping 1/4" away from the edges of the quilt top. Press. Repeat to attach the border strip on the opposite side.

23. Mark the centers of the top of the quilt top and a Fabric 10 border strip. Center the border strip over the quilt top RST, matching the centers and pin. Press the ends of the top border strip at a 45° angle. Start and stop the stitches 1/4" away from the edges of the pieced top. Repeat on the bottom of the quilt.

24. Bring the short edges of the border strips together. Sew along the pressed creases. Trim excess fabric and press open.

25. Layer the backing (wrong side up), batting and quilt top (right side up). Baste layers to secure. Quilt as desired.

26. Sew 6 (Fabric 7) 2-1/2" x WOF binding strips together, end to end, into one continuous strip. Press in half lengthwise with wrong sides together.










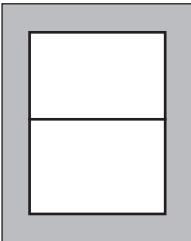

27. Sew the binding to the quilt top with a 3/8" seam allowance, mitering the corners. Trim the excess backing and batting, then turn the binding to the back side of the quilt and stitch down by hand with matching thread.

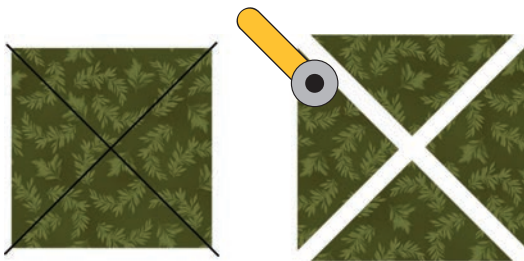


# Quilt Assembly Diagram

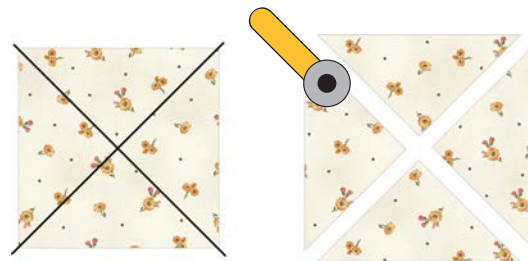




| Fabric   |  | Cutting                      |   | Fabric   |   | Cutting   |  |
|--|--|------------------------------|---|--|---|---|--|
|    | <u>Fabric 1</u><br>3/4 yd<br>MAS9320-E | Fussy cut (1) 17-1/2" square |   |  | <u>Fabric 7</u><br>1 yd<br>MAS9325-G  | (6) 7-1/2" squares<br><u>Binding</u><br>(6) 2-1/2" x WOF strips |  |
|    | <u>Fabric 2</u><br>1/2 yd<br>MAS9328-J |                              | (3) 3-1/2" x 20" strips<br>(4) 3-1/2" x 6-1/2" strips<br>(4) 3-1/2" squares     |  |   | <u>Fabric 8</u><br>7/8 yd<br>MAS9328-E                          | (2) 2" x 39-1/2" strips<br>(6) 7-1/2" squares<br>(2) 2" x 42-1/2" strips<br>(4) 4-1/2" x 6-1/2" strips   |
|    | <u>Fabric 3</u><br>1/4 yd<br>MAS9325-O |                              | (4) 3-1/2" x 20" strips   |  |   | <u>Fabric 9</u><br>1 yd<br>MAS9323-J                            | (8) 4-1/2" squares<br><u>Inner Borders</u><br>(4) 4-1/2" x 18-1/2" Strips<br>(4) 4-1/2" x 22-1/2" Strips |
|    | <u>Fabric 4</u><br>1/4 yd<br>MAS9329-O |                              | (2) 3-1/2" x 20" strips   |  |   | <u>Fabric 10</u><br>2 yds<br>MAS9321-E                          | <u>Mitered Outside Borders</u><br>(4) 6-1/2" x LOF   |
|   | <u>Fabric 5</u><br>1/2 yd<br>MAS9330-E |                              | (4) 3-1/2" x 9-1/2" strips<br>(4) 3-1/2" x 12-1/2" strips<br>(8) 3-1/2" squares |  |  | <u>Backing Fabric</u><br>4 yd                                   |  |
|  | <u>Fabric 6</u><br>1/2 yd<br>MAS9329-G |                              | (2) 2" x 30-1/2" strips<br>(2) 2" x 33-1/2" strips<br>(3) 3-1/2" x WOF strips   |  |   |   |  |



Subcut the Fabric 7 squares into 24 triangles. Cut across both diagonals..



Subcut the Fabric 8 squares into 24 triangles. Cut across both diagonals..

