



summer bliss

DESIGNER MARTI MICHELL (FROMMARTI.COM)
MACHINE QUILTER RACHEL GREYLING

materials

- ▶ ½ yard navy blue print (blocks)
- ▶ 1½ yards green gingham (blocks, border No. 3)
- ▶ 1¼ yards yellow print (blocks)
- ▶ 1 yard light blue print (blocks)
- ▶ ¾ yard green dot (blocks)
- ▶ ⅓ yard navy blue small floral (blocks)
- ▶ ½ yard white-and-yellow small floral (blocks)
- ▶ ⅞ yard navy-and-yellow floral (blocks)
- ▶ ¾ yard navy vine print (blocks, border No. 2)
- ▶ ½ yard white floral (blocks)
- ▶ ⅛ yard white-and-blue plaid (blocks)

- ▶ ⅞ yard white vine print (blocks)
- ▶ 3 yards white-and-yellow large floral (border Nos. 1 and 4, binding)
- ▶ 7½ yards backing fabric
- ▶ 89×109" batting
- ▶ From Marti Michell Perfect Patchwork Templates, Set T (optional; see "Precise Cutting Without Measuring," page 54)

Finished quilt:

80½×100½" (full-size with 13" drop; queen-size with 10" drop)

Finished blocks:
20" square

Quantities are for 44/45"-wide, 100% cotton fabrics. **Measurements** include ¼" seam allowances. Sew with right sides together unless otherwise stated.

cut fabrics

Cut pieces in the following order. Cut white-and-yellow large floral border Nos. 1 and 4 strips and binding strips lengthwise (parallel to the selvages).

If you're using designer Marti Michell's Perfect Patchwork Templates, refer to "Precise Cutting Without Measuring," page 54, to cut the pieces.

From navy blue print, cut:

- ▶ 12—5⅞" squares, cutting each in half diagonally for 24 medium triangles total

From green gingham, cut:

- ▶ 9—2×42" strips for border No. 3
- ▶ 12—5⅞" squares, cutting each in half diagonally for 24 medium triangles total

From yellow print, cut:

- ▶ 12—6¼" squares, cutting each diagonally twice in an X for 48 small triangles total
- ▶ 24—5⅞" squares, cutting each in half diagonally for 48 medium triangles total

KIT: To order a kit of fabrics for quilt top and binding plus From Marti Michell Set T Templates for \$155.95 ppd. in U.S. (Georgia residents, add sales tax; international orders see website), contact From Marti Michell, P.O. Box 80218, Atlanta, GA 30366-0218; 800/558-3568; frommarti.com.



From light blue print, cut:

- ▶ 6—11½" squares, cutting each diagonally twice in an X for 24 large triangles total

From green dot, cut:

- ▶ 12—4½" squares, cutting each in half diagonally for 24 small triangles total
- ▶ 24—4" squares
- ▶ 12—3⅞" squares, cutting each in half diagonally for 24 extra-small triangles total

From navy blue small floral, cut:

- ▶ 6—5½" squares

From white-and-yellow small floral, cut:

- ▶ 12—5⅞" squares, cutting each in half diagonally for 24 medium triangles total

From navy-and-yellow floral, cut:

- ▶ 24—5⅞" squares, cutting each in half diagonally for 48 medium triangles total

From navy vine print, cut:

- ▶ 8—1½x42" strips for border No. 2
- ▶ 24—3⅞" squares, cutting each in half diagonally for 48 extra-small triangles total

From white floral, cut:

- ▶ 6—6¼" squares, cutting each diagonally twice in an X for 24 small triangles total
- ▶ 24—3" squares

From white-and-blue plaid, cut:

- ▶ 6—4" squares

From white vine print, cut:

- ▶ 24—5½" squares

From white-and-yellow large floral, cut:

- ▶ 2—6x103" border No. 4 strips
- ▶ 2—6x83" border No. 4 strips
- ▶ 2—2½x87" border No. 1 strips
- ▶ 2—2½x67" border No. 1 strips

From remaining white-and-yellow large floral, cut:

- ▶ Enough 2½"-wide lengthwise strips to total 380" in length for binding

assemble Square-in-a-Square blocks

- 1 | Join a navy blue print medium triangle and a green gingham medium triangle to make a triangle-square (Diagram 1). Press seam toward navy blue triangle. The triangle-square should be 5½" square including seam allowances. Repeat to make 24 triangle-squares total.



DIAGRAM 1

- 2 | Referring to Diagram 2, with bottom edges aligned join yellow print medium triangles to short edges of a light blue print large triangle to make a large Flying Geese unit. The tips of the yellow triangles will extend past the top corner of the light blue triangle. Press seams toward yellow print triangles. The unit should be 10½x5½" including seam allowances. Repeat to make 24 large Flying Geese units total.

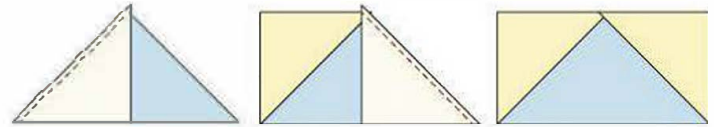


DIAGRAM 2

- 3 | Sew green dot small triangles to opposite edges of a navy blue small floral 5½" square (Diagram 3). Press seams toward triangles. Add green dot small triangles to remaining edges of square to make a small Square-in-a-Square unit. Press seams toward triangles. If necessary, trim unit to 7½" square including seam allowances. Repeat to make six small Square-in-a-Square units total.

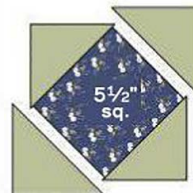


DIAGRAM 3

- 4 | Referring to Diagram 4, sew white-and-yellow small floral medium triangles to opposite edges of small Square-in-a-Square unit. Add white-and-yellow small floral medium triangles to remaining edges to make a large Square-

in-a-Square unit. Press all seams toward medium triangles. The unit should be 10½" square including seam allowances. Repeat to make six large Square-in-a-Square units total.

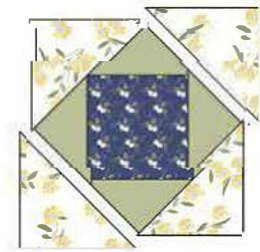


DIAGRAM 4

- 5 | Referring to Diagram 5, sew together four triangle-squares, four large Flying Geese units, and one large Square-in-a-Square unit in three rows. Press seams toward Flying Geese units. Join rows to make a Square-in-a-Square block. Press seams toward center row. The block should be 20½" square including seam allowances. Repeat to make six Square-in-a-Square blocks total.

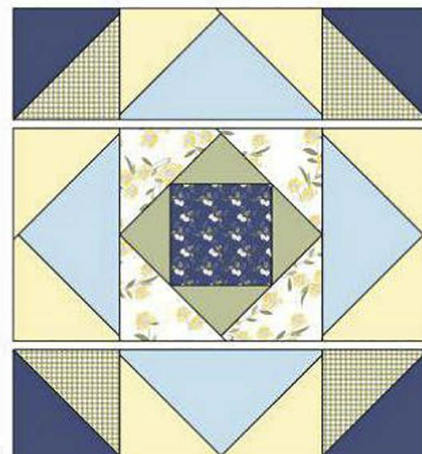
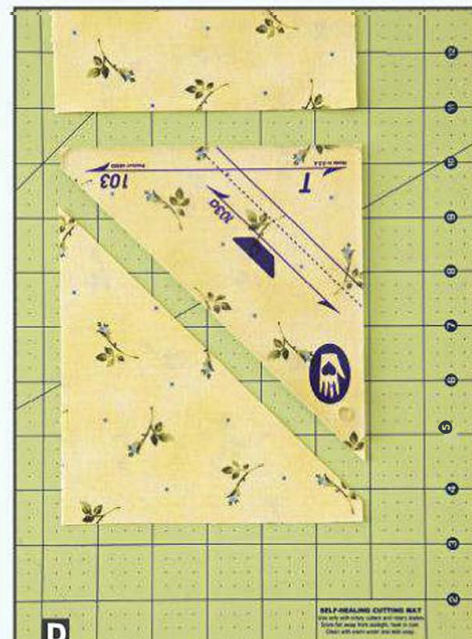
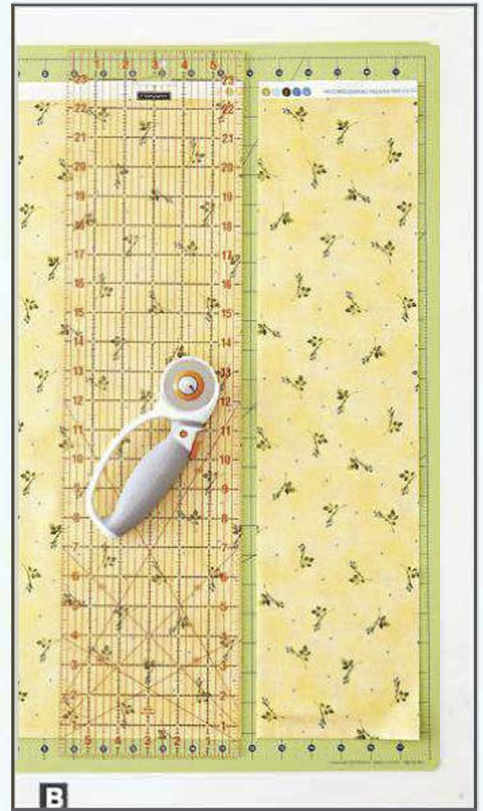
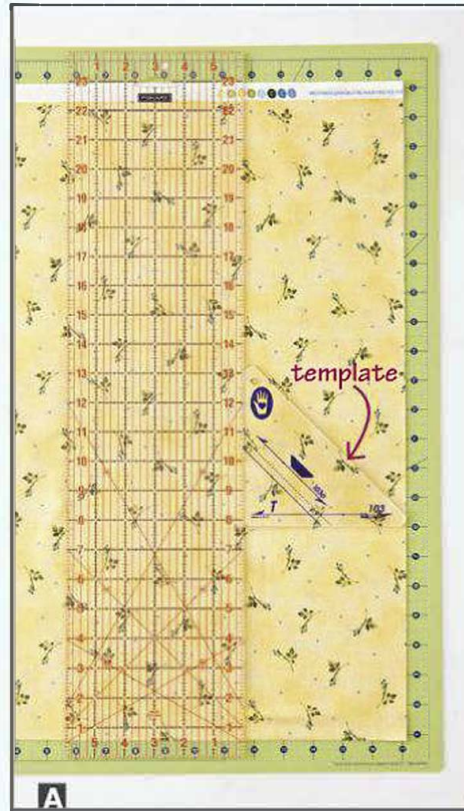


DIAGRAM 5

tip: precise cutting without measuring

If you want precise blocks but don't enjoy measuring, acrylic templates may be the answer. Follow these steps to rotary-cut shapes using templates.

- 1 Straighten fabric edge with ruler and rotary cutter. Place template between the just-cut edge and a long ruler to determine the width of the strip you're going to cut (Photo A). Slide template along ruler the length of the fabric to make sure the strip width will be uniform.
- 2 Remove template; cut strip along ruler edge (Photo B).
- 3 Using template, rotary-cut strip into pieces, rotating template to get as many pieces from the strip as possible (Photos C and D).



- 3 Designer Marti Michell's Perfect Patchwork Templates have shaped corners, which help you perfectly match up pieces with no guesswork and eliminate the need

to trim dog-ears. If the templates you're using have shaped corners as shown, trim off corners of each fabric piece along template (Photo E).

To use Perfect Patchwork Templates to cut pieces for *Summer Bliss*, follow these instructions. For specifics on how to use Marti's templates, see the instruction booklet that comes with the templates.

From navy blue print, cut:

- ▶ 24 of template T103 medium triangles

From green gingham, cut:

- ▶ 9—2×42" strips for border No. 3
- ▶ 24 of template T103 medium triangles

From yellow print, cut:

- ▶ 48 of template T104 small triangles
- ▶ 48 of template T103 medium triangles

From light blue print, cut:

- ▶ 24 of template T103+103 large triangles

From green dot, cut:

- ▶ 24 of template T104 small triangles with short edges on straight grain
- ▶ 24 of template T102a (4" squares)
- ▶ 24 of template T104a extra-small triangles

From navy blue small floral, cut:

- ▶ 6 of template T102 (5½" squares)

From white-and-yellow small floral, cut:

- ▶ 24 of template T103 medium triangles

From navy-and-yellow floral, cut:

- ▶ 48 of template T103 medium triangles

From navy vine print, cut:

- ▶ 8—1½×42" strips for border No. 2
- ▶ 48 of template T104a extra-small triangles

From white floral, cut:

- ▶ 24 of template T104 small triangles
- ▶ 24 of template T102b (3" squares)

From white-and-blue plaid, cut:

- ▶ 6 of template T102a (4" squares)

From white vine print, cut:

- ▶ 24 of template T102 (5½" squares)

Use cutting instructions on page 53 to cut white-and-yellow large floral pieces. Cut all strips lengthwise (parallel to the selvages).

assemble star blocks

- 1 | Referring to Diagram 6, sew together a yellow print small triangle and a green dot 4" square. Add a yellow print small triangle to adjacent edge of square to make a triangle unit. Press all seams toward triangles. Repeat to make 24 triangle units total.

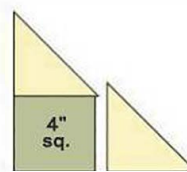


DIAGRAM 6

- 2 | Referring to Assemble Square-in-a-Square Blocks, Step 2, page 53, sew navy-and-yellow floral medium triangles to short edges of a triangle unit to make a star point unit (Diagram 7). The unit should be 10½×5½" including seam allowances. Repeat to make 24 star point units total.



DIAGRAM 7

- 3 | Referring to Assemble Square-in-a-Square Blocks, Step 2, sew navy vine print extra-small triangles to short edges of a white floral small triangle to make a small Flying Geese unit (Diagram 8). The unit should be 5½×3" including seam allowances. Repeat to make 24 small Flying Geese units total.



DIAGRAM 8

- 4 | Referring to Assemble Square-in-a-Square Blocks, Step 3, sew a green dot extra-small triangle to each edge of a white-and-blue plaid 4" square to make a Square-in-a-Square unit (Diagram 9). If necessary, trim unit to 5½" square including seam allowances. Repeat to make six Square-in-a-Square units total.

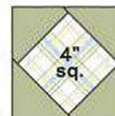


DIAGRAM 9

- 5 | Referring to Diagram 10, sew together four white floral 3" squares, four small Flying Geese units, and a Square-in-a-Square unit in three rows. Press seams away from Flying Geese units. Join rows to make a block center. Press seams away from center row. The block center should be 10½" square including seam allowances. Repeat to make six block centers total.

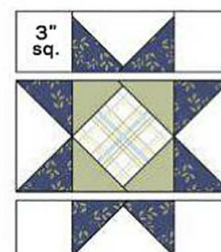


DIAGRAM 10



- 6** Referring to Diagram 11, sew together four white vine print $5\frac{1}{2}$ " squares, four star point units, four star point units, and one block center in three rows. Press seams away from star point units. Join rows to make a star block. Press seams away from center row. The block should be $20\frac{1}{2}$ " square including seam allowances. Repeat to make six star blocks total.



DIAGRAM 11

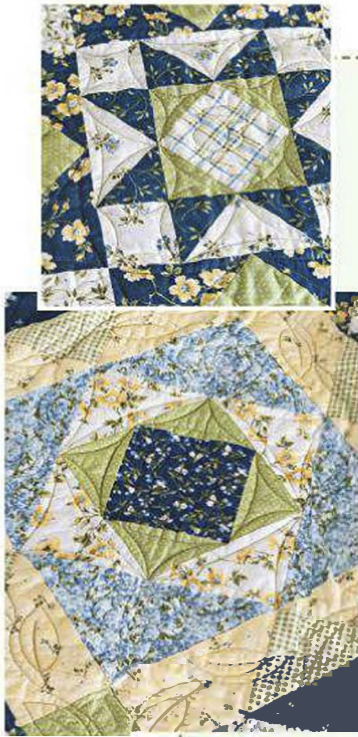
assemble quilt center

- 1** Referring to Quilt Assembly Diagram, lay out Square-in-a-Square blocks and star blocks in four horizontal rows, alternating blocks.
- 2** Sew together blocks in each row. Press seams toward Square-in-a-Square blocks. Join rows to make quilt center. Press seams in one direction. The quilt center should be $60\frac{1}{2}\times 80\frac{1}{2}$ " including seam allowances.

assemble and add borders

- 1** Cut and piece navy vine print $1\frac{1}{2}\times 42$ " strips to make:
- ▶ 2— $1\frac{1}{2}\times 89$ " border No. 2 strips
 - ▶ 2— $1\frac{1}{2}\times 69$ " border No. 2 strips

- 2** Cut and piece green gingham 2×42 " strips to make:
- ▶ 2— 2×92 " border No. 3 strips
 - ▶ 2— 2×72 " border No. 3 strips
- 3** Referring to Quilt Assembly Diagram, align midpoints and sew together a white-and-yellow large floral $2\frac{1}{2}\times 67$ " border No. 1 strip, a short border No. 2 strip, a short border No. 3 strip, and a white-and-yellow large floral 6×83 " border No. 4 strip to make a short border unit. Press all seams toward border No. 4. Repeat to make a second short border unit.



the beauty of two-block quilts by Marti Michell

Two blocks alternating in a quilt usually creates more than twice as much design interest. My favorite two-block quilts are those where the designs of the individual blocks are not immediately apparent so the viewer is kept guessing. *Is it a diagonal-set quilt or straight? Exactly where are the blocks? How big are they?* Here are some more things I keep in mind when designing two-block quilts.

Choose blocks that are based on the same grid. The blocks in *Summer Bliss* are both on a 4x4 grid.

Fabricate carefully. When choosing fabrics, consider starting with a multicolor print for the border. Then select a good variety of coordinating prints. The featured quilt showcases fabrics with different densities (packed floral versus open backgrounds), styles (floral and geometric), and values (light and dark), which creates a pleasing balance.

Repeat fabrics in both blocks. In *Summer Bliss*, the green dot and yellow floral print are used in both blocks, helping blend the blocks into a new design and blurring any easily visible distinctions between them.

4 | In same manner, sew together a white-and-yellow large floral 2½x87" border No. 1 strip, a long border No. 2 strip, a long border No. 3 strip, and a white-and-yellow large floral 6x103" border No. 4 strip to make a long border unit. Press seams away from border No. 4. Repeat to make a second long border unit.

5 | Aligning midpoints, pin a short border unit to one short edge of quilt center. Beginning and ending seams ¼" from corners of quilt center, sew border unit to quilt center. Repeat to add remaining short border unit to opposite edge. In same manner, join long border units to long edges of quilt center, mitering corners, to complete quilt top. (For details, see

Miter Borders, *Pattern Sheet 3*.) Press all seams toward border units.

finish quilt

- 1** | Layer quilt top, batting, and backing; baste. (For details, see Complete Quilt, *Pattern Sheet 3*.)
- 2** | Quilt as desired. Rachel Greyling machine-quilted floral motifs in the light blue print triangles, white vine print squares, and the center square of each block (Quilting Diagram). She quilted a vine pattern in border No. 1 and in the large diamond shapes created by the yellow print triangles and green dot squares. She filled the remaining block areas with curved triangles and squares and quilted the outer border with a flower-and-leaf design.



QUILTING DIAGRAM

- 3** | Bind with white-and-yellow large floral binding strips. (For details, see Complete Quilt.) *



See the color option!

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