

# Spiral Bargello

Intermediate      Size 106 cm/42" diameter  
Designed and made by Linda Onions

Play with colour and shape for fantastic circular designs

You need:

\*Four 70 x 115cm (28 x 44") fabrics

\*50 x 115 cm (20 x 44") Binding fabric

120cm (48") square wadding & backing

NL4185 10° Wedge Acrylic Template

NL4188 6½" x 24" Ruler

NL4195 Circle and Slash Ruler

ER 4095 Sew Easy Rotary Cutter

ER4104 Sew Easy Cutting Mat

\*Design can be made from three Five or Six Fat Quarter packs



## Cut:

From each of the four fabrics cut eight 2¾ x 44" strips.

(Using F/Q's - cut sixteen 2¾ x 21 - 22" strips from each of the selected fabrics. Join these strips to make eight long strips i.e. 2¾ x 42½" approximately.)

## Start to Sew

1. Decide which order selected fabrics should run. Number fabrics accordingly (1, 2, 3 & 4).

2. Join your first set of four strips (1, 2, 3 & 4) using ¼" seam to make a wide band. Use a shorter stitch length than usual on your machine to avoid seams coming undone when cut through at later stages. Remember to stitch seams in opposite directions to avoid the striped band distorting. Repeat this stage a second set of strips to make two wide bands.



3. Join these two wide bands to make one set of strips with fabric running in the same order (strip set 1). Press seams **downwards**

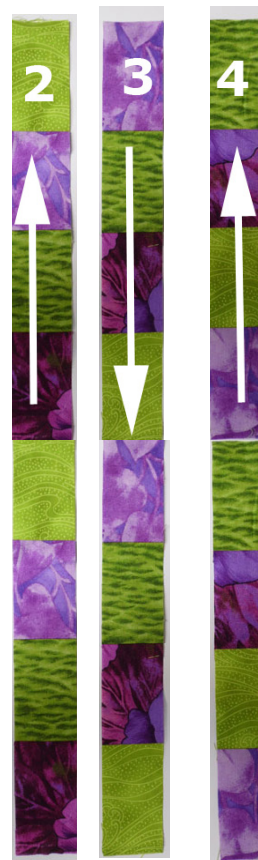
4. Starting with fabric 2 repeat as for strip set 1, make a pair and then join to make strip set 2. Press seams **upwards**.

5. Starting with fabric 3 repeat as above to make strip set 3, press seams **downwards**.

6. Finally starting with fabric 4 repeat as above to make strip set 4, press seams **upwards**.

With all sets complete you are now ready to start cutting 10° wedges. Use NL4185 10° Wedge Acrylic Template.

Make sure you keep fabric strip sets in the correct order and the correct way up, number them at the top to help. TIP: Write numbers on masking tape and stick tape to correct strip.



## Cut wedges

Place the 12" line printed on the wedge on the centre seam each time you cut

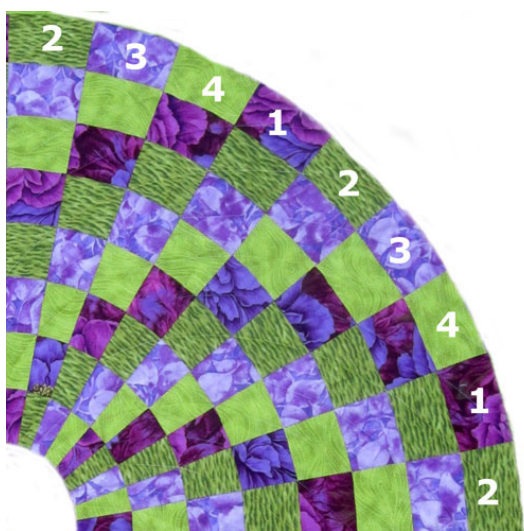
From each set of strips, cut nine wedges

## Join wedges

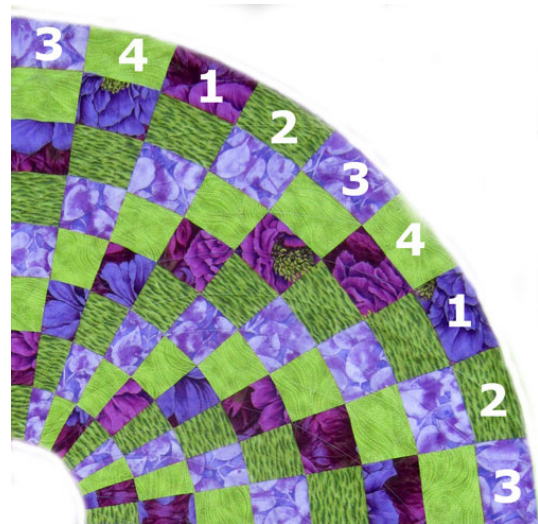
Lay out nine wedges in order

(1, 2, 3, 4, 1, 2, 3, 4, 1)  
to create a ¼ circle (fan shape).

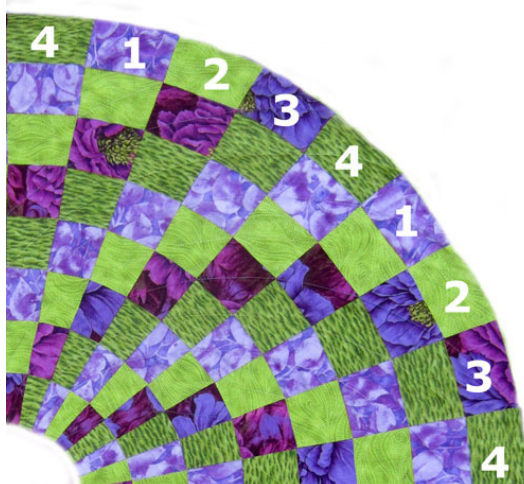
Because the seams have been pressed in opposite directions the seams will butt together, pin in place. Stitch wedges together using a ¼" seam.



Second set of wedges begins with a piece from strip set 2  
(2, 3, 4, 1, 2, 3, 4, 1, 2)



Third set of wedges begins with a piece from strip set 3  
(3, 4, 1, 2, 3, 4, 1, 2, 3)

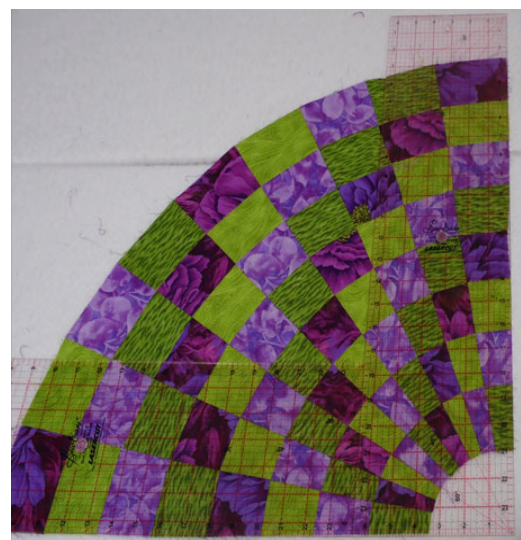


Fourth and final set of wedges begins with set 4  
(4, 1, 2, 3, 4, 1, 2, 3, 4)

Press all seams in one direction.

Square up each section before joining to make one complete circle.

Use a long ruler to help square the sides.



## Make centre

1. Measure size of the hole in centre of the completed circle. Add ½" to this measurement.
2. Using the circle and slash ruler, draw this size of circle on freezer paper and cut out.
3. Iron the freezer paper pattern to the wrong side of your chosen fabric and cut out REMEMBER to add a seam allowance.



4. Press the seam allowance over the edge of the freezer paper circle keeping the curve smooth. Fold the circle into quarters and finger press so you can see the lines.
5. Pin and tack to the centre matching pressed quarter lines to seams on circle.
6. Sew round edge of freezer paper by hand or machine. Stitch through all layers.
7. Remove freezer paper from the underside of the centre circle on completion of stitching.

## Complete quilt

Make a quilt sandwich by layering quilt top, wadding and backing. Tack layers together using Microstitch, basting pins or by hand.

Quilt through layers as desired.

Bind raw edges to finish the quilt using bias binding as the edge is curved.



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